

Horse-ing Around

By Sandy Wooderson



Part 7 - First Aid for horses – wounds

Buy a really good horse ailments book. This way you will learn as you read and be able to tell what symptoms and signs your horse or pony is showing and how to treat it. Never treat a serious illness or injury yourself. Ring your vet! The book is only a guide to help you know minor from major.

*Keep a logbook with a record of your horse's health. Last worming, teeth, feet, vaccinations, vet visits, diet, and any illness or injury. Make a note of what you used and the results as a reference.

*A basic first aid kit should have scissors, tweezers, bandages, cotton wool. Tape, iodine, salt, thermometer, notebook and pen, clean towels, bucket, touch and first aid book. As you learn more about your horse's health and how to care for it this kit will grow.

* You can avoid many problems by having a safe paddock and a good diet. Knowing your horse's habits will allow you to pick up on something no right with it. Monitor your horse if you think it's unwell. Early attention to a minor injury or illness can save both money and your horse's life. For example a small cut untreated may become infected or allow tetanus into the wound this leads to a large vet bill and/or a dead horse.

*Cuts and abrasions. Clean with salt water or hose off if the horse won't let you bathe the area. Pat dry with a clean towel and apply a healing cream/lotion/spray or powder. There are lots of good ones on the market today or you can use the old remedies like iodine or lime. Repeat daily until wound is healed. Sea minerals, vitamin E cream or a healing cream will help stop scarring. If the cut is deep and bleeding bad clean and apply a pressure pad until the vet arrives, as it may need stitches and a tetanus shot. Puncture wounds need special care to keep them clean and a tetanus shot. Bandaging the wound is not always possible, but will help with leg wounds. If the wound becomes smelly, pussy or fly stuck it may be infected. The vet will put it on a course of antibiotics. The horse will have a temperature and be unwell with the infection so treatment will be needed.

*If the horse has injured itself badly check your fences and gates to find point of impact, as the fence may need repairing. Try to figure out why the horse injured itself. For example: a new horse entered the paddock, a storm over night, its got hooked in the fence and panicked. This may help prevent any further injuries to this horse or others in the future.

Bye for now, Sandy.





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Classic Riders Club of Goulburn Inc
PO Box 415
Goulburn NSW 2580

Invites you to the second annual

RIDE FOR LIFE



To raise money for the NSW Cancer Council.
Sunday 22 April 2007.

We will ride to Tarago then along Sandy Point Road to Windellama Rural Fire Station for morning tea and return to Goulburn as part of the Classic Riders Club regular Sunday rides; meeting at Belmore Park from 9am. We will leave the park around 9.30.

All we ask is that you make a donation and/or raise money through sponsorship. (All money raised will go to the Cancer Council).

All motorcycles are welcome as long as they are RTA Registered.
Please join us in raising money for such a good charity.

For further details or to register phone:
Jamie McGaw or Bronwyn Temple
0428 334 857 0438 285 207



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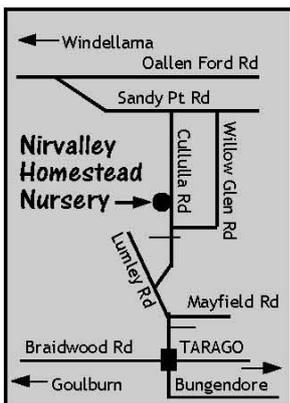
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Agents for Tallawang Plantation



In Your Garden
From Irene Turner 

March in Your Garden

Get your cauliflowers, cabbages, brussel sprouts or broccoli plants in this month and use liquid fertilizer or compost tea to get them established and growing for winter harvesting.

Plant lettuce, turnips, radish and white onion seedlings or seeds this month.

Flowers: seedlings of alyssum, pansy, violas, stocks, poppies, calendula, carnations, dianthus, polyanthus, larkspur, snapdragons, statice, verbena, wallflowers and sweet Williams.

Sow seed of Virginian stock directly into the garden as a border, when the buds appear in early Spring, give them a feed of compost tea.

You can plant perennial plants such as hollyhocks, Canterbury bells, aquilegia (columbines), delphiniums and penstemons.



Watch roses for aphids or caterpillars; you can spray with rose spray or pyrethrum spray. You can spray these plants with your garlic or chili spray.

Cuttings of geranium, fuchsia and hydrangeas can be propagated this month.



Bulbs of daffodils, etc, can be planted this month.

Fresh poultry manure is so strong it can burn your plants. Compost it, and then add to the garden. The manure is a good source of nitrogen. If adding hay to the compost the high carbon content of the hay to chook manure balances the carbon to nitrogen ratio needed for successful composting. Fresh chook manure can also be used as a nitrogen rich liquid fertilizer. Add one generous handful to 10l. Bucket of water, stir vigorously and leave overnight. Stir it again, and then drizzle around the base of hungry leafy plants.

Plant of the Month

BANKSIA: Banksias are native to Australia and grow in all climates but prefer sandy soils, rich in leaf moulds. The heath-leaved Banksia varies from shrub to almost a tree 4m wide and 5m tall. It grows in NSW where it lights up the bushland with its' orange flower spikes in the colder months. All Banksias prefer sandy soils rich in leaf mould. They can be propagated from seed or tip cuttings. They are slow growing but have long flowering displays. Banksia flowers are notably rich in nectar and attract possums and birds to your garden. Banksia Spinulosa (hair pin Banksia) has narrow leaves, flowers are small tubular bronze or honey coloured with black hooked styles.



Herb of the Month

BORAGE: Borage bee balm, flowers blue or pink or white. The flowers attracts bees to your garden; plant 30cm to 75cm. Grow in an open sunny position in light and well drained soil, they don't mind the dry soil. Plant 30cm apart among roses and summer prune to keep tidy. It is possible to grow small plants indoors. Pick flowers and leaves; you can dry flowers or freeze in ice cubes or crystallize. Flowers can be sprinkled in salads as a garnish; or crystallize for cakes. Young leaves can be added to cold drinks; chopped finely and added to salads, yogurt, soft cheeses, pickles and sandwiches.



Cook as spinach or with spinach; add to ravioli, stuffing. It has a cucumber flavour.

Leaves added to a face pack for dry skin – mix with barley and bran in a bath bag to cleanse and soften skin.

Medicinal leaves – use in salt free diet as it is rich in mineral salts. A poultice soothes inflammation and bruises.

Borage is high in calcium, potassium and mineral salts and research suggests borage works on the adrenal glands, where courage begins.

Companion plant near strawberries as they stimulate each others growth. It may control tomato worm.

Windellama Garden Club

Next meeting will be held on
Wednesday 7th March at 10.30am
at John & Colleen Ellis'
2513 Oallen Ford Road

and on Wednesday 14th March
we are traveling to Braidwood.

All enquiries to Lynn on 4844 5029 or
Colleen on 4844 5207



**Willow Glen Road
Gardeners**

Next get together is at the home of

Vicki Molloy

**10am Tuesday 6th March
71 Coghill Road (off Willow Glen Road)**

Please bring some plants or cuttings to share,
and spend a morning with other gardeners.

For more info make your enquiries with
Pam Hibbert on 4844 5402.

Advertisement

Pru GOWARD

Liberal for Goulburn



Sydney Water Recycling Plan is good for Goulburn.

Locals are already telling me that they are delighted by the Liberal Nationals' plan for Sydney to solve its own water problem by biting the bullet on recycling. Sydney won't be allowed to raid water from surrounding areas, it will have to manage its own supply better.

The policy will see a new network of pipes constructed to recycle sewage into rivers to maintain environmental flows. During times of drought, recycled water will be diverted to top up Sydney's dams without having to exploit surrounding groundwater and river systems.

The Liberals plan for Sydney is great news for all the river and groundwater systems in the Sydney Catchment Area including the Wollondilly River and Kangaloon Aquifer.

It is time that Sydney solved its own water shortage problems and with our recycling plan that will happen.

Readers will be aware the Liberals support water recycling for Sydney while Labor supports desalination. This has a big impact on all our hip pockets.

Labor's desalination plant will cost \$2 billion, consume huge amounts of electricity and endanger marine life.

In contrast, the Liberal/National recycling plan is half the cost, is more environmentally friendly, uses less energy, delivers almost twice as much water, and will be ready in 18-24 months. It's plain common sense!

Only a change of Government can deliver a water recycling plan that is great news for Sydney and for Goulburn.

Contact Pru Goward, Liberal for Goulburn

Phone: 4821 2006 Email: pru.goward@nsw.liberal.org.au

Goulburn Office: 264 Auburn Street, Goulburn, 2580

Moss Vale Office: 2/274 Argyle Street Moss Vale, 2577



Written by Pru Goward. Authorised by Martin Lavery, 2/274 Argyle Street, Moss Vale, NSW 2577.

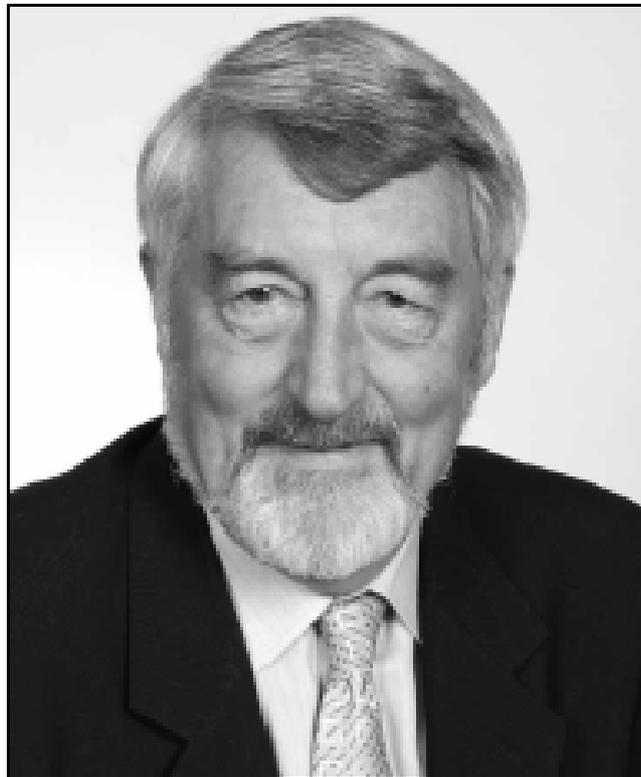
*By voting independent
and making this a
swinging seat we'll
finally get the attention
from the Government
we deserve!*

*Paul has already
been working for
the good of our
area in local government
for 15 years!*

Independent. Proven. Local.

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Really understands
Locals.*

1 Paul Stephenson



Written and authorized by Paul Stephenson, 314 Middle Arm Road, Goulburn NSW 2580.

Senator
Ursula Stephens



Bring David Hicks Home!

When people ask me "what's all the fuss about David Hicks? He's a terrorist who deserves everything he gets! I always ask them "Do you know what he's getting?"

David Hicks lives in a cell of featureless walls, 24 hour lighting and a single window of frosted glass that in daylight glows like a flourescent globe.

For five years now, David Hicks has occupied spaces like this, caught between a US government that has been unable to prosecute him and an Australian government that refuses to try to free him. This sentence, without trial in conditions so secret that he cannot even be photographed, could drag on for another year, unless the Federal Government asks the United States to send him home.

Last week I met his father Terry Hicks at Bungendore. Terry believes that the most recent demonisation of David Hicks by Howard Government ministers is just one more tactic in a battle he has been fighting for over five years.

Terry Hicks told me "Ursula , believe me - there is nothing more gut wrenching than seeing your son shackled that way - it's de-humanising and it's done for exactly that reason".

Terry Hicks presented the 'Art Overboard" Awards at the 2621 Gallery where over 120 people came to hear him speak about the "Bring David Hicks Home campaign.

He told us "There is no doubt in my mind that if this was Phillip Ruddock's son, or Alexander Downer's son, or even Wilson Tuckey's son, that this government would be doing everything they could to ensure that an Australian national was returned to face what ever crimes he is supposed to have committed, here in Australia."

"I am so proud of the fact that all over Australia, ordinary people are saying to me " Good on you, if it was my boy I'd be fighting tooth and nail to get him back".

Terry Hicks is not a lawyer, but says that his son's lawyers are astounded by the claims being made by the Howard government. Dick Smith has now contributed \$60,000 to help fund the legal battle that is ahead, and is one of a growing number of prominent Australians arguing that we cannot abandon Australian citizens to a system that is not even being supported for American nationals in Guantanamo Bay.

Terry Hicks is a very genuine, down to earth man, who is doing everything he can to get justice for his son. If you want to know more about what is happening to David Hicks, why not come to the public meeting in Goulburn on Thursday 1 March at the Goulburn Club and hear about his situation?

Professor George Williams from the Gilbert + Tobin School of Public Law at the University of New South Wales will explain exactly is happening with David Hick's case. Professor Williams has been concerned about the legal precedents that David Hick's treatment will create, as well as the broader human rights issues around Guantanamo Bay and the treatment of detainees. Professor Williams has also written extensively on Australia's migration system, treatment of refugees and asylum seekers.

The meeting at the Goulburn club at 6pm 1 March will give people a chance to express their support for a fair trial for David Hicks. We believe that 'enough is enough' and that we have to stand up and be counted on this issue.

For information about the meeting contact Ursula Stephens 48228155 or Fred Rainger 48 215725



Social Games Night
7.30pm
Saturday 10th March
at the Hall
All welcome!



Inside Your Local Council

.... Keeping you in touch with the latest from Goulburn Mulwaree Council.



COUNCIL MEETING BRIEFS – 20 FEBRUARY 2007

Drought Assistance meeting

Council has made a request to the Minister for State and Regional Development requesting a seminar be held in Goulburn to assist local businesses to survive the on-going drought.

Draft 2020 and LEP

Council resolved to include two land releases at Marulan and one at Marys Mount Goulburn into the new LEP along with a local clause to regulate staging. Documentation is now being prepared to forward to the Department seeking permission to put the draft LEP on public exhibition.

Art Gallery Grant for Climate Change Exhibition

The Goulburn Regional Art Gallery has received a grant of \$11,700 for the exhibition Climate Change, which will be held from 19 May to 23 June 2007.

Highway Signs Policy

Council has adopted its Highway Sign Policy. Three submissions were made on the draft policy which was on public exhibition over November and December 2006.

Astor Hotel alterations and additions

Council has granted Conditional Development Consent to the Astor Hotel/Motel for alterations which include creation of a smoking area and revised public entertainment area.

Aquatic Centre operation

The Goulburn Aquatic Centre will remain open despite the city's low water levels. A review of the ongoing operation of the facility in regard to available water levels will be held again in April.

Water Management Strategy Progress

Council has endorsed the engagement of consultants to carry out the technical investigations on options arising during the Water Management Strategy Process.

Goulburn Sewerage Scheme Augmentation

Council will accept \$3.7 million in funding assistance from the NSW Government to complete a number of local projects including an upgrade to the Ross Street sewage treatment plant pump, an irrigation infrastructure upgrade at Gorman Road, irrigation at the Cookbundoon Sporting Fields and a new pumping station on Gorman Road. The total for all projects will be \$7.5 million.

Belmore Park bore

Council will seek an exploration license to establish a bore in Belmore Park to provide irrigation for the park.

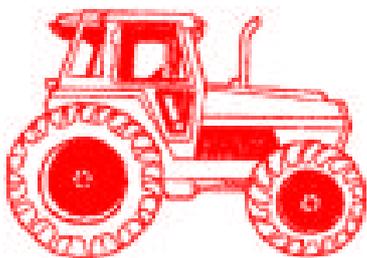
Oallen Ford Road Construction

Council has completed the widening and realignment of two lengths of Oallen Ford Road totalling 2.3km at a cost of \$551,000, of which \$365,000 was funded through a Roads to Recovery grant.

Mayor Granted Leave of Absence

Mayor Cr Paul Stephenson has been granted leave of absence from 2 March to 26 March 2007. Deputy Mayor Cr Ken Sullivan will be appointed Acting Mayor and receive the Mayoral allowance during this period.

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Goulburn Regional Art Gallery

Goulburn Civic Centre
Cnr. Bourke & Church Sts, Goulburn
Ph: 4823 4443

'Pojagi & Beyond'

an exhibition of contemporary textiles
24 February - 17 March 2007

This national touring exhibition presents contemporary textiles by Australian artists inspired by the ancient Korean tradition of making cloths to wrap items.

Goulburn Region Woodworkers on Exhibition
21 March - 1 April 2007

The Goulburn Region Woodworkers Inc is an active and productive group of designer-makers who incorporate a range of woodworking techniques into their practices. The exhibition showcases the Woodworkers through a selection of works that celebrate the beauty of wood as an art medium.

CWA Craft Display & Craft Cafe

Saturday 10th March 2007
10am to 4pm

Display of CWA art and craft, morning and afternoon teas, and light lunches.

CWA Cottage
Corner Sloane & Montague Streets
(opposite Belmore Park)

Admission is free.

Hanging of the Quilts

Saturday 10th March 2007 10am to 4pm

Display of quilts made by local quilters.
Admission: \$2 donation to local charity

Patch on Bourke
81 Bourke Street, Goulburn

Heritage & Roses Fine Art exhibition

9-18 March 2007 Open 10am to 5pm daily

Roses! Florals! Heritage Architecture!
It's all on display among landscapes, beach scenes and more! The best range of quality realist art in the region. A must see exhibition of paintings and drawings by well known artist E.G. Twist.
All welcome.

The Creative Eye Art Gallery
174 Sloane Street, Goulburn

Arts and Crafts

Craft Afternoons at Windellama Hall



We meet every Tuesday from 1pm to 4pm, and all craft can be practiced.

Beginners and crafty people welcome.

For more information ring Irene on 4844 5214.

BUNGONIA QUILTERS

Meet every Monday morning
at 9am to 1pm
at Bungonia Fire Shed

If you want to learn how to patchwork come along, have a cuppa and find out what you need to bring to get you started on this addictive craft.

For enquiries phone:

Sharon Alessi 4844-5149
Cherie Jenkins 4822-4241
Sandra Williams 4844-4369

Goulburn & District Arts & Craft Centre

Corner Verner & Bourke Streets, Goulburn
Phone: (02) 4822 7889
Open 10am to 4pm DAILY

* 22 Feb.-28 Mar.

Artist of the Month — exhibition of patchwork by Carole Hancock

* **10th to 18th March 2007**

Colours & Beyond Patchwork Exhibition

A display of Goulburn & District Patchwork & Quilters biannual exhibition of patchwork and stitchery.

Entry by gold coin donation.

St Saviour's Patchworkers & Goulburn Embroiderers present a **Patchwork and Embroidery Exhibition** a quilt show and display of work with trading stall and raffle.

To be held at the

Goulburn Soldiers Club
(Chisholm Room, 1st floor)
15 Market Street, Goulburn.

Saturday 10 March, 10am to 6pm
Sunday 11 March, 10am to 4pm

Admission \$2 (all profits to local charities)

CHURCH NEWS

Catholic Church Services

St Patrick's Church, Marulan

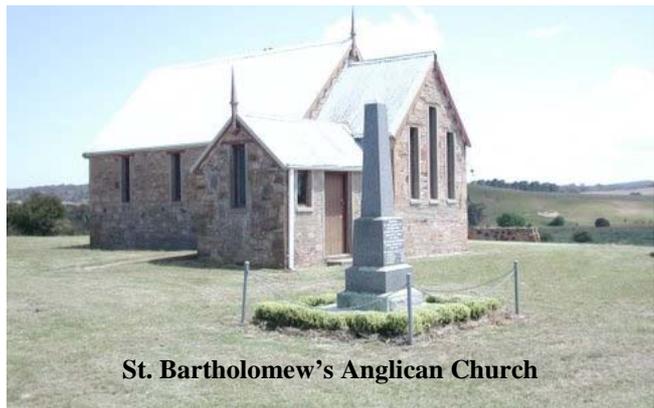
MASS is celebrated at 4pm. every Saturday except that preceding the 3rd. Sunday

Parish Priest: Fr. Tony Percy
 Assistants: Fr. Damien Styles and
 Fr. Francis Kolencherry

Contact 4821 1022

St. Joseph's Church, Tarago

11th March	10.30am	Mass
25th March	10.30am	Holy Communion



St. Bartholomew's Anglican Church

Anglican Church Services

March

St. Mark's - Bronte

There will not be a service this month.

St. Bartholomew's - Windellama

Sunday 25th 11.30am

April

St. Mark's - Bronte

There will not be a service this month.

Easter Service will be held at St. Bartholomew's Windellama on Sunday 8th at 11.30am

St. Bartholomew's - Windellama

Sunday 22nd 11.30am

Notices

The next meeting of the Windellama Anglican Women will be held at "Fassifern"

Windellama Road Windellama

Tuesday 1st May at 12 pm.

Our Rector Robert Lindbeck may be contacted on 4821 3631

Although both our Churches are nominally Anglican, worshippers of all denominations are welcome at all services.

"The Lord is My Shepherd"

Goulburn Bible Baptist Church

Cnr. Mary & Hume Streets
 Pastor Dennis Smith

Enquiries: 4821 9822

Sunday Worship Service: 10.30am

Sunday School: 10.30am

Prayer / Bible Meetings:
 Wednesday Night 7.00pm
 Sunday Afternoon 4.30pm

Youth Group:
 Friday 5.30pm
 Not on in school holidays

Radio Ministry:
 2GCR 103.3 FM
 Tuesday 6.00 – 9.00pm

Got something to tell us about ?

You can get your information into the Windellama News by either writing and depositing into the letter box at the Hall, or by emailing it to

windnews@goulburn.net.au

or by ringing Denise on 4844 5087 or Cathy on 4844 5554 and talking to them.

Community and general interest material is always appreciated.

Our Advertisers

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When you use them let them know you saw it in the Windellama News.

Community Contacts

Windellama Progress Association

Cathy Meehan (President) 4844 5554
 Frances Knights (Secretary) 4844 5157

Windellama Rural Fire Brigade

Lynton Roberts (Captain) 4844 5118
 Bev McGaw (Communications) 4844 5147
 Sue Roberts (Treasurer) 4844 5118

Windellama Field Day Committee

Judy Alcock (Exec Officer) 4844 5188

Windellama News

Denise Johnson (Editor) 4844 5087
 Cathy Meehan (Sec / Treas) 4844 5554

Windellama Garden Cub Inc.

Lynn Stockford (Sec / Treas) 4844 5029
 Colleen Ellis 4844 5207

Windellama Hall Country Markets

George & Annemarie Webb 4844 5038

Windellama Historical Society

Sandra Greville (Secretary) 4844 5047
 Joanna Croker 4844 5125

Windellama Landcare

Mick Ryan (President) 4844 5012
 Shirley Cornish (Secretary) 4844 5101

Windellama School P&C

Kelly Green (President) 4844 5563
 Heather Caulfield (Secretary) 4844 5120

Nerriga Landcare

Di Roberts (President) 4844 5344
 Helen Rolland (Secretary) 9555 8676

Nerriga Rural Fire Brigade

John Rolfe (Captain) 4845 9160
 Justin Parr (Snr. Deputy Captain) 4845 9129
 Marie Kennedy 4845 9126

Jacqua Creek Landcare

Sue Armstrong (Secretary) 4844 4364
 Ken Moran (Chair) 4844 4234

Wires (wildlife rescue)

Marian Hardy 4844 5273
 Southern Tablelands WIRES 4822 3888

Community Health Goulburn 4827 3913

Community Transport 4823 4499

Justice of the Peace
 Linda Shannon 0414 275 873

**FOR ALL FIRE
OR EMERGENCIES
PHONE
000**



Important Phone Numbers

Rural Fire Brigade

Windellama	Lynton Roberts	4844 5118
Tarago	Des Kingston	4849 4503
Taylor's Ck.	D Elward	4849 4240
Mount Fairy	F. Gannel	4849 4558
Bungonia	Ian Tapper	4844 4460
Gundry	Dennis Borlan	4821 6821
Nerriga	John Rolfe	4845 9160

**PHONE 4844 5359 or
CHANNEL 21/209 Base**



Windellama SES First Aid

Graeme McFarlane	4844 5506
Kevin Muffet	4844 7143

Police

Tarago	Snr. Const Glen Cassidy	4849 4411
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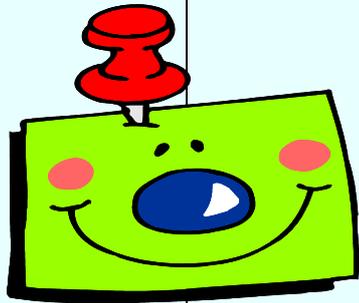
Goulburn Base Hospital 4827 3111

Ambulance  **000**

**For Mobile users
in case of emergencies dial
112
And it will be treated as a 000 call**



March 2007

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2 Historical Society Meeting	3	4 Clean Up Australia Day Poultry Auction
5 Bungonia Quilters P&C AGM Meeting	6 Willow Glen Gardeners Hall Craft Arvo	7 Windellama Garden Club	8	9	10 Social Games Night	11
12 Bungonia Quilters	13 Hall Craft Arvo	14 School Afternoon Show	15	16	17 St. Patrick's Day	18 Hall Country Markets
19 Bungonia Quilters	20 Progress Meeting Hall Craft Arvo	21	22	23	24 State Elections Fire Brigade meeting & training	25 St. Bart's - Windellama
26 Bungonia Quilters	27 Hall Craft Arvo	28	29	30	31 Camp Quality Elvis Night	