

May already, very autumnal and lovely weather. Leti and Anna and their two girls, Mamacuna and Mayu have gone to the back with the main herd.

The first day Leti led everyone to the very back of the property, she is a definite leader.

We weaned Humberto and Hermoso to the front with Guacho and Ninfo and they hummed for a few days, they are 13 months old, but now seem to have settled well. Heroides is haltering them every day as this is when they are at their friendliest.

We have now put Guacho and Ninfo back with the other boys and Humberto and Hermoso are next door. We hope to integrate them soon.

Quetzalcoatl and Tololo and Manchado are sold as potential studs and a wether, Quetzalcoatl to the Otway ranges in Victoria and the other two to a lady who is starting organically and is probably going to Tassie. She loves Aurora too but she is related to Tololo.

Have recently acquired four muscovy ducks and three bantams and a silky rooster. We have had about 24 chicks from the ordinary chickens.

Happy Mothers Day to everyone and Health, and Happiness. Namaste Joy



Enjoying visitors ?

Bring them in to the

## Goulburn Brewery

for a couple of hours

- Interesting conducted tours
- 11 a.m. & 3 p.m. Sundays
- Lunch and Dinner daily
- Morning & Afternoon Teas
- Fine Ales and good old-fashioned food
- Craft markets every 4th Saturday

OPEN daily from 11 a.m.

Bungonia Road

(Beside the old Racecourse)



Tel. 4821 6071



*Wattle Glen*  
COTTAGE  
1889



## TEA ROOM ANTIQUES

81 GEORGE STREET MARULAN

Taste our Home Cooking

Friendly Service

Old World Atmosphere

See the Antiques

Talk History with the Owner

Special prices for group bookings & coach groups

PHONE: 4841 1336 OR 0428 774 459

CLOSED WEDNESDAY EXCEPT FOR BOOKINGS

# Raine & Horne Goulburn

## Active in Your Community



We are always  
looking for  
properties

FOR SALES & BUYERS

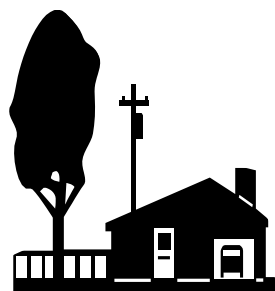
*No obligation appraisals*

## Ring Alan Gale

(B.H.) 4821 9088

(A.H.) 4821 7512 or

0408 628 331





**LHPAs prepare record mice bait for landholders**

To assist landholders to combat increasing mice numbers, the Livestock Health and Pest Authorities have now treated over 100 tonnes of grain with Bromadiolone for use as crop perimeter bait.

Tim Seears, LHPA Pests Manager, says record amounts of bait have been distributed to help landholders control the pest.

"This is the most bait prepared in over a decade and it's likely more will be prepared," Mr Seears said.

"LHPA rangers have also been assisting landholders with mice problems by providing information on early detection, advising and instructing on 'bait card' monitoring techniques, and assisting with designing of bait stations for on-farm situations.



"Rangers can mix liquid Bromadiolone with grain (supplied by the landholder) for the control of mice around crop perimeters. Bromadiolone is recommended when monitoring indicates that

there is evidence of increasing mouse numbers and there are no mice in the crop.

"Zinc phosphide is not available through the LHPA but can be purchased from your rural suppliers. Zinc phosphide is recommended when monitoring indicates that mice numbers are increasing within a crop and there is potential for an economic level of damaging occurring.

"If mice are in both the crop and the perimeter, landholders will need to treat both for effective control.

"Due to record demand, there have been ongoing difficulties sourcing rodenticides from suppliers and manufacturers. Advice from suppliers that demand has slowed down recently should allow supplies to catch up over the coming weeks."

Mr Seears said cold, wet weather doesn't necessarily have an impact on mice populations.

"Breeding will generally stop or decrease over the winter period depending on available food supplies. A high population going into winter usually guarantees mice problems in spring," he said.

"So keep up the monitoring and control activities where they are required."

If you are considering mice control consult with your LHPA ranger or district agronomist for the most up to date information.

**Do you have new neighbours?**

*Why not recycle your hard copy of the Windellama News to them, or email them our website link.*

*This is probably the best way for newcomers to come along to our local activities; and also to find and use our local businesses and services.*

# AARON'S MINI EXCAVATIONS

ABN 84197940351

**BOBCAT  
EXCAVATOR  
3 TONNE TIPPER  
KANGA**

**ALL FOR HIRE  
WITH AN OPERATOR**

**Phone: 4841 1862  
Fax: 4841 1395  
Mobile: 0418 111 862**

# Countrywide Shower Screens



## Shower Screens

• Frameless • Semi-framed • Framed

## Mirrors

• Bevelled • Polished

**Mick Greenwood  
0448 494 220**

**Fax: (02) 4849 4220**

E: [countrywideshowerscreens@bigpond.com](mailto:countrywideshowerscreens@bigpond.com)

**Free Measure and Quote**

*Need a Plumber Call.*

**GRAHAM MOON**

Lic. No. 194029C



Plumber - Drainer - Gas Fitter

Roof Plumber - L.P. Gas

DOMESTIC & COMMERCIAL - 7 DAYS

Phone **0428 223 677**



## **BRIAN'S AUTOSCREENS & GLASS**

Mirrors • Showers

Mirror Wardrobes

Windscreens • Glass

Security Screens etc.

**440 Auburn St Goulburn**

**Ph 4821 2633**

Fax 4821 9133

# **A1 SEPTIC TANK & GREASE TRAP CLEANING SERVICES**



**0408 483 943**

Bob Baird Goulburn

**PH: 4822 3290**

7 DAYS—SERVICING ALL AREAS



# WINDELLAMA VOLUNTEER RURAL FIRE BRIGADE



**Report all Fires 000  
& Emergencies**

RFS website [www.rfs.nsw.gov.au](http://www.rfs.nsw.gov.au)

**Brigade enquiries 4844 5359**

**UHF 21**

or

**Yass - 6226 3100**

Brigade website [www.windellamarfs.com.au](http://www.windellamarfs.com.au)

**Captain - Jim Meehan 4844 5554**

**Snr Deputy – Lynton Roberts 4844 5118**

**BUSH FIRE DANGER PERIOD FINISHES ON 31<sup>ST</sup> MARCH 2011**

**SOUTHERN TABLELANDS ZONE**

## **Burning-off now permitted with regulations**

While the fire season has finished and permits are not required for burning off from the 1<sup>st</sup> April 2011, there are still regulations that must be followed. Fines can apply if regulations are not carried out.

Yass **MUST** be notified 24 hours before you light the fire, during business hours 9am to 5pm and by 3.30pm on Friday afternoons.

Your immediate neighbours must also be notified.

Notify the Brigade as a courtesy to save time, if smoke is spotted.

**For more information contact one of the Brigade phone numbers above.**

---

## **AUCTION DAY THANK YOU**

Our sincere appreciation to the wonderful volunteers who gave up so much of their time to make this an event that was enjoyed by so many.

Without the help of volunteers these events could not take place.

## **BRIGADE AGM 25<sup>TH</sup> JUNE**

The Brigade will be holding their Annual General Meeting on Saturday 25<sup>th</sup> June at the fire station Oallen Ford Road at 6:00pm, all are welcome. To be eligible to vote at the AGM you must be a registered member of the Rural Fire Service for Windellama Brigade and be financial and meet the requirements for that position/nomination. All nominations must be in writing, and returned to the Secretary 7 days prior the AGM.

Nomination forms are available from the Captain, President, Secretary or the Brigade website [www.windellamarfs.com.au](http://www.windellamarfs.com.au).

## **Training**

For information on training dates, times and structure check the Brigade website or contact the Captain Jim Meehan on 4844 5554. **Remember** training and meeting times have been altered, check the website for updated information.

[www.windellamarfs.com.au](http://www.windellamarfs.com.au)

**REMEMBER TIMES FOR MEETING AND TRAINING HAVE ALTERED**

<b>AGM</b>	25 <sup>th</sup> June	6:00pm
General Meeting	23 <sup>rd</sup> July	6:00pm
<b>Training</b>	25 <sup>th</sup> June	Multi Scene Scenario (1pm)
	23 <sup>rd</sup> July	TBA

Please take care on our roads and see you at the next training and meeting. **All welcome.**



# Goulburn Off Road Carts

[www.offroadcarts.com.au](http://www.offroadcarts.com.au)

**OPEN 6 DAYS**



5kva petrol generator \$1400

Portable petrol generators from \$770

LARGE 1500 RPM DIESEL GENERATOR 8kva \$5900



All sizes 8kva \$5900 to 200kva  
ideal for solar back up

Carts & buggies from \$3300 ,great farm  
vehicle \$150cc \$3300 250cc \$5600



250ss cart \$5600



quad bikes 250cc \$5000

quad bikes  
4wd 500cc  
\$7700



150cc elec start farm bike \$2600

4wd tipper heavy duty farm work \$10,700



Fully equipped fire trailer \$3960  
just add water



Tows 800kg, carry 400kg

**ENQUIRIES & SALES - PHIL BONSER**

565 Mt. Baw Baw Rd, Goulburn NSW 2580

**Mobile: 0419 694 148 Ph: (02) 4821 0397**



### WINDELLAMA LANDCARE

There was a good roll up of Landcare members on Saturday 21 May when 400 meters of fence was erected at the Chain of Ponds at Sandy Point. Under the guidance of the Catchment Management Authority, Windellama Landcare is helping protect a chain of about twenty ponds in pristine condition in this area and the fence was the first step in an ongoing program.

The weather was kind and the food was marvellous and because of a good roll up of members the job was finished by lunchtime. A good number of people then moved onto the Progress Association Annual General Meeting. A date has not been set for the next working bee. Members will be kept informed of developments.



**Connie Morgan**

*Counselling for Wellbeing*

**Phone 043 183 9669 for an appointment**  
**Solution focused brief therapy**

- Relationship issues
- Grief and loss
- Positive aging
- Life transitions
- Meditation & relaxation
- Workshops available

**JOHNSON & SENDALL**  
**SOLICITORS ~ CONVEYANCERS**

Morris. Owen & Alison Howarth - Partners  
Tim. McGrath - Associate

**13 MONTAGUE ST, GOULBURN**  
**4821 1588**



**Local call dialup**  
**access Australia wide**  
**ADSL Broadband**  
**Office Services**  
**High Speed internet access**  
**& Wifi Hotspot**  
**Friendly, expert advice**  
**& support**

Call **1300 918 804**  
<http://www.goulburn.net.au>  
[info@goulburn.net.au](mailto:info@goulburn.net.au)

**This space available for your**  
**business/service**  
**advertisement/publicity**  
**Only**  
**\$25 Per month**



## What To Do If Your Partner Succumbs To Shopping Binges - (Part I)

**Worried partner writes.....** “My partner and I are both hard workers and have decided to save our money to buy a house/property before having children. However every time I check our savings there are more withdrawals and our nest egg is slowly vanishing. My partner readily concedes that they are the source of these withdrawals, as they sometimes “borrow” a little money whenever they go shopping. They defend them self by pointing out that they do not shop that often and are not a chronic spender, but are only occasionally subject to spending binges which may blow the budget. They easily rationalise every purchase as being valid and purposeful.

Admittedly they are not an every day, ‘mad’ spender, but if these binges don’t stop we may never be able to purchase our property, and I don’t know how I would feel about that!”

### CONFRONT THE PROBLEM

#### **Communicate Respectfully**

Whether you have talked to your partner as yet or this will be the first time addressing them about your concerns, how you communicate will directly contribute to a positive or negative outcome.

So as you begin to present your observations, express your feelings and ask questions, make every effort to avoid such barriers as: blaming, accusing, judging, mind reading and name calling. These will certainly not create an atmosphere in which your partner will feel safe and supported in talking about their problem.

Emotions may be strong but nothing is to be gained by verbally abusing your partner. What is to be communicated is a deep regard, an aura of care and a respect for your relationship.

The words you choose; your tone of voice; your facial expressions and your body language all communicate these qualities, and will enable you and your partner to gain an understanding of the problem, and collaboratively find a way to address it.

#### **How serious are these spending binges?**

The first point to consider is the extent of your partner’s shopping binges. Are they as your partner claims rare occasions in which they may shop more than normal but always sensibly? Or on closer examination are they

really more frequent, spontaneous and uncontrollable? Is your partner an irregular binger who with a little help could learn to control their spending? Or have they crossed the line to become a compulsive, unstoppable shopper?

If you think your partner’s behaviour sits in the latter category and their obsession is escalating and verging on destructive consequences, professional help offered by a counsellor, psychologist or a psychiatrist may be the way to go.

However it may be that your partner has just taken their first steps down this dangerous path of excessive shopping, and that together you can come up with some strategies to stop this behaviour, so that money only flows into your savings account leading to the eventual purchase of your own home/property.

Adapted: “Aust. Institute of Professional Counsellors”

Prepared

by:

[www.virtualrealitycounselling.com](http://www.virtualrealitycounselling.com)

June 2011

## **VIRTUAL REALITY COUNSELLING (THERAPY)**

**Depression Recovery Program**

**Weight Management Program**

**Stop Smoking Program**

**Addiction Management Program**

**Stress Management Program**

**Children’s behavior**

**Management**

**Conflict Resolution/Mediation**

**Family Dispute Resolution**

**Employment Assistance  
Program**

(02) 8090 1749

[www.virtualrealitycounselling.co](http://www.virtualrealitycounselling.co)



# **FIFE'S STOCK FEEDS**



Round Bales  
Pasture Hay  
Square 8x3x2  
Lucerne Hay  
Rye & Clover



Also suppliers of Bird Seed, Dog Food, Cat Food,  
Wheaten Chaff, Oaten Chaff, Stud Mix

**51-52 Knox St Goulburn**  
**(02) 4822 3111**

## **GLENDARLYN STOCKFEEDS**

**97 Burrabinga Road, Tarago (off Lumley Rd.)**

**PH: 4849 4565**

**MOB: 0428 430 693**

**- NOW OFFERING A DELIVERY SERVICE EACH TUESDAY -**

**Suppliers for all your Stockfeed needs.....**

- |                      |                       |
|----------------------|-----------------------|
| * Bird Seeds         | * Veterinary supplies |
| * Small bales hay    | * Dog & Cat food      |
| * Large Square bales | * Supplements         |
| * Round Bales        | * Mineral Blocks      |

**\*And much more\***

**Professional advice for all your animal needs**  
**Servicing the local community**

**HOURS: Thursday to Saturday - 8am to 5pm**  
**Sunday - 8am to 12 noon**

**- Eftpos Facility Available -**